



The Longest Journey

Adept Paul Mahay

1. My Master offered to take me on the longest Journey of my life; I looked at him with reluctance and said, " I cannot manage because I am frail and will crumble with exhaustion."
The Master said, "fear not my child, All you have to do is sit, and I will Carry you all the way."
I gazed deeper into his eyes and surrendered, for such compassion and generosity is indeed rare.
When he landed me safely in the laps of God, it was so gentle, I cried, for I had realized that my Master was my best friend all along.
2. There are no short cuts to God,
Except through the Grace of the Master.
3. Reverence is to allow the Manifestation of that which comes from the state and not the personality.
4. To meditate is to sit in the silence we find within ourselves;
It is to become one with and not indulge in the manipulation of what is there.
5. Meditation is the antidote for the ills of the mind,
Masters Grace is the elixir that grants Immortality.

Love,

Paul Mahay